



Therapy Pool Schedule April 15th– April 21st

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30–10:00 Adult Open Swim	7:30–9:15 Adult Open Swim	7:30–9:15 Adult Open Swim	7:30–9:15 Adult Open Swim	7:30–9:15 Adult Open Swim	7:00–10:30 Adult Open Swim	CLOSED FOR EASTER
11:15–1:00 Open Swim	9:15–11:00 Camp Swim	9:15–11:00 Camp Swim	9:15–11:00 Camp Swim	9:15–11:00 Camp Swim	11:00–2:00 Healthy Kids Day: Open Swim	
1:00–2:30 Adult Open Swim Physical Therapy	11:15–1:00 Open Swim	11:15–1:00 CLOSED	11:15–1:00 Open Swim	11:15–1:00 Open Swim	2:00–4:00 CLOSED	
3:00–5:00 CLOSED (Staff Meeting)	1:00–2:30 Adult Open Swim Physical Therapy	1:00–2:30 Adult Open Swim Physical Therapy	1:00–2:25 Adult Open Swim Physical Therapy	1:00–2:25 Adult Open Swim Physical Therapy	4:15–6:00 Family Swim	
5:30–6:55 Open Swim	2:30–3:30 SACC Swim	2:45–4:00 Open Swim	2:45–3:45 Medford Y	2:45–3:45 Medford Y	6:00–7:30 Adult Open Swim CLOSED	
7:00–9:00 Adult Open Swim CLOSED	4:00–5:30 Open Swim	4:00–6:00 Adult Open Swim	4:15–5:05 Open Swim	4:00–6:00 Open Swim		
	5:35–9:00 Adult Open Swim	6:00–6:55 Open Swim	5:10–9:00 Adult Open Swim CLOSED	6:05–9:00 Adult Open Swim CLOSED		
	CLOSED	7:00–9:00 Adult Open Swim CLOSED				

Whirlpool Hours

Monday thru Friday– 5:30am–9:30pm*

Saturday– 7am–7:30pm

Sunday– 7am–5pm

Closed Wednesday for cleaning from 10am–2pm

The Whirlpool is an Adult Only area. Please no children are allowed in or around it.

- Adult Lap Swim** • 18+ years old, must be able to swim 50 yards continuously
- Adult Open Swim** • 18+ years old in and on the pool deck
- Lap Swim** • Must be able to swim 50 yards continuously
- Open Swim** • All ages
- Aqua Fitness** • All drop-in, 30 person max. No cost to members, \$10 for non-members
- Swim Lessons** • Only registered participants can attend

We reserve the right to hold lifeguard drills during any times.

All pools and decks will be closed for a minimum of 30 minutes in the event of thunder or lightning.

Policies for Open Swim & Pool Parties

- Children 5 and under must be accompanied by an adult 18 or older in the water.
- Children 8 and under must be accompanied by an adult 18 or older on the pool deck.
- All children under the age of 15 must be marked with a colored neck band to indicate them as a swimmer or non-swimmer.
- Swim diapers must be worn by all children not 100% potty-trained.
- No more than 50 people are allowed in the therapy pool at one time and is at the discretion of the lifeguard(s) on duty.
- The lifeguards have the final say on rules and policies.
- The use of cell phones and other handhelds are not permitted on the pool decks