

Malden YMCA Gym 1 Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday									
5:30-6:30am	Open	Open	Open	Open	Open											
6:30-7:30am																
7:30-8:30am	SACC	SACC	SACC	SACC	SACC	Open	Open									
8:30-9:30am																
9:30-10:30am																
10:30-11:30am																
11:30-12:00pm																
12:00-1:00pm																
1:00-2:00pm						Private Rentals										
2:00-3:00pm																
3:00-4:00pm																
4:00-5:00pm						Open		Open	Open	Open	Open	Open				
5:00-5:30pm																
5:30-6:00pm													Open	Zumba	Zumba Kids (Handball Court)	Zumba
6:00-7:00pm																
7:00-7:30pm	Open	Men's Basketball League	Open	Open	Closes 7:45pm											
7:30-8:00pm																
8:00-9:00pm																
9:00-9:45pm	Closes 9:45pm	Closes 9:45pm	Closes 9:45pm	Closes 9:45pm	Closes 9:45pm		Closes 5:45pm									

*Schedule is subject to change

**Updated June 17, 2019

Youth & Government
 Learn how government works, be a better citizen of the community, have fun! Contact Karen Gately at 781-324-7680x217

HEALTHY LIVING

Malden YMCA Gym 2 Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30-6:30am	Open	Open	Open	Open	Open				
6:30-7:30am									
7:30-8:30am	Camp	Camp	Camp	Camp	Camp			Open	Open
8:30-9:30am									
9:30-10:00am									
10:00-11:00am									
11:00-12:00pm									
11:30-12:00pm									
12:00-1:00pm									
1:00-2:00pm									
2:00-3:00pm									
3:00-4:00pm									
4:00-4:30pm									
4:30-5:30pm									
5:30-6:00pm						Open	Open		Open
6:00-7:00pm									
7:00-7:30pm									
7:30-8:00pm									
8:00-9:00pm									
9:00-9:45pm									
	Closes 9:45pm	Closes 9:45pm	Closes 9:45pm	Closes 9:45pm	Closes 9:45pm				

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For information on Youth Programs,
Gym Rentals, Playgroup, and Family Gym,
see Program Guide