



Lap Pool Schedule July 14th– Until Further Notice

Monday–Friday

Saturday

Sunday

7:00–7:45
Slot 1 (6)

8:00–8:45
Slot 2 (6)

9:00–9:45
Slot 3 (6)

10:00–10:45
Slot 4 (6)

11:00–11:45
Slot 5 (6)

12:00–12:45
Slot 6 (6)

1:00–1:45
Slot 7 (6)

2:00–2:45
Slot 8 (6)

3:00–3:45
Slot 9 (6)

4:00–4:45
Slot 10 (6)

5:00–5:45
Slot 11 (6)

6:00–6:45
Slot 12 (6)

CLOSED

8:00–8:45
Slot 2 (6)

9:00–9:45
Slot 3 (6)

10:00–10:45
Slot 4 (6)

11:00–11:45
Slot 5 (6)

12:00–12:45
Slot 6 (6)

1:00–1:45
Slot 7 (6)

CLOSED

**CLOSED
ON
SUNDAY'S
UNTIL
FURTHER
NOTICE**

RULES AND REGULATIONS:

Patron must reserve a lane slot using the following link :

<https://rb.gy/f7bi1d>

- It is a state law that all patrons must take a cleansing shower before entering the pool.
- Mask must be worn by all patrons when in the Aquatics center except for when physically in the water.
- 1 person per lane for a 45 minute time slot.
- Must be 18 years or older to reserve a lane.
- Patrons will wait until a staff member checks them in to allow them onto the pool deck.
- Patrons can choose their activity in their lane for their allotted time slot (i.e. lap swim, water exercise, etc.)
- There will be a chair behind each lane for patrons to put their personal belongings.
- Members may use own personal flotation device that are U.S Coast guard approved.
- No other equipment brought from home, such as pool noodles, inflatables, and toys are allowed into the facility.
- Lifeguard will alert patrons when the 45 minutes has been reached.
- Patrons will exit the lap pool area through the therapy pool deck and not through the wet hallway.
- Life vest, aqua fitness belts, and kickboards will be available for patrons.
- Patrons will place used equipment in a bin at the conclusion of

POOL ETIQUETTE (Lap, Therapy, and Whirlpool)

- Take a cleansing shower prior to entering the pool.
- Infants, toddlers and children not fully potty trained are required to wear a swim diaper and/or rubber pants with their bathing suit.
- Acceptable swim wear includes one or two-piece bathing suits, Hijabs or Burkas made for water. Cotton, undergarments or linen is not an appropriate swim wear for the pool.

The Malden Y welcomes all. Please see the Aquatics Director if you feel an exception is needed. The Malden Y reserves the right to alter any of the pool schedules to accommodate programs.