



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MALDEN CROCS SWIM TEAM SUMMER TRYOUTS



The Malden YMCA Crocs Swim Team is an amazing opportunity to improve your swimming skills under the guidance of a caring and experienced coaching staff. Join the Crocs today, and feed your love of swimming!

Dates: Monday, June 3 and Wednesday, June 5, 2019

Time: 3:30 PM-5:00 PM

Location: Malden YMCA, 99 Dartmouth Street

Questions? Please contact Head Coach Morgan Chase:

maldencrocs@gmail.com

Tryout Requirements:

- 5-18 years old
- YMCA Stage 4 or higher
- Knowledge of four racing strokes
- Swimmers may come any time during the allotted time frame
- Tryout lasts approximately 10 min.

Tryout Components:

- 50 yd freestyle
- 25yd backstroke
- 25 yd breaststroke
- 15 yd butterfly
- Flip Turn
- Dive or Start

Please arrive in a bathing suit and goggles

For additional program information, costs and schedules, please visit <https://www.ymcamalden.org/swim-team-home> "News and Updates"