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FOR HEALTHY LIVING
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MALDEN CROCS SWIM TEAM 2019-2020 TRYOUTS



The Malden YMCA Crocs Swim Team is an amazing opportunity to improve your swimming skills under the guidance of a caring and experienced coaching staff. Join the Crocs today, and feed your love of swimming!

Dates and Times:

Mon 8/19 3:30-5:00pm, Tues 8/20 5:30-7:00pm, Wed 8/21 3:30-5:00pm

Location: Malden YMCA, 99 Dartmouth Street

Questions? Please contact Head Coach Morgan Chase: maldencrocs@gmail.com

Tryout Requirements:

- 5-18 years old
- YMCA Stage 4 or higher
- Knowledge of four racing strokes
- Swimmers may come any time during the allotted time frame
- Tryout lasts approximately 10 min.

Tryout Components:

- 50 yd freestyle
- 25yd backstroke
- 25 yd breaststroke
- 15 yd butterfly
- Flip Turn
- Dive or Start

For additional program information, costs and schedules,
please visit <https://www.ymcamalden.org/swim-team-home> "News and Updates"